

First Aid Kit Essentials



<input checked="" type="checkbox"/>	Item	Notes
	Thermometer	Normal temp: 37.5 - 38.5 degrees
	Simple stethoscope	Normal heart rate 32 - 42 beats per min
	Scissors	Blunt end scissors are useful too
	Knife and torch	Always useful
	Saline solution	Single use saline solution, or salt to make some up
	Gauze dressing	To place on wound before bandaging - there are a number on the market
	Gamgee (cotton wool in a guazue cover)	Easy to cut to size and wrap around leg when bandaging
	Vaseline / petrolum jelly	Multi-purpose grease. Useful to prevent serum sticking to the coat below a wound
	Cohesive bandages (vet-wrap)	Have several in readiness for changing dressings
	Elasticated adhesive bandages	Will retain a bandage in place for a longer period
	Antiseptic wound dressings - powder, cream etc	It is often useful to have a small selection of different wound treatments such as Betadine ointment, pink-eye powder, flamazine, zinc cream etc
	Antiseptic wound spray	Promotes healing and repels flies
	Animalintex or similar	Impregnated poultice dressing
	Betadine scrub	For washing and disinfecting wounds