

# B Proficiency Certificate

## Practical and Final Assessment Sheet

The B Certificate Practical test must be assessed by a qualified assessor from your State panel, who is not connected to the candidate's Club or Centre. (See Syllabus for exceptions). Candidates must successfully complete all parts of the Practical Assessment in order to qualify for this section of the B Certificate.

The full B certificate requires a practical assessment, written assessment and a journal.

<b>RIDER</b>		<b>DATE OF BIRTH</b>	
<b>CLUB/CENTRE</b>		<b>VENUE</b>	
<b>EXAMINER</b>		<b>DATE</b>	

<b>RESULT - PRACTICAL TEST</b> - Checklist for testing starts Page 2		
	<b>COMPETENT (Y/N)</b>	<b>COMMENT</b>
ON THE GROUND (Note Rider's Tool Kit is assessed in the written assessment)		
UNDER SADDLE		
HORSE MANAGEMENT		
RESULT - COMPETENT		

<b>*** OVERALL RESULT – B CERTIFICATE ***</b>		
	<b>COMPETENT (Y/N)</b>	<b>COMMENT</b>
<b>RIDER JOURNAL</b> <i>to be submitted prior to practical assessment</i>		
<b>WRITTEN ASSESSMENT</b> <i>to be completed prior to practical assessment</i>	/130 PASS / FAIL	The pass rate is 80% so the candidate needs to achieve at least 104/130
<b>PRACTICAL ASSESSMENT</b>		
<b>RESULT OVERALL</b> <i>When this section is completed, see back page for where to send this form.</i>		



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### PRACTICAL TEST CHECKLIST

PRESENTATION		
	(YES/NO)	COMMENT
Rider in formal Pony Club or Centre uniform for presentation. Candidates to wear discipline appropriate uniform for all practical tests. Horse to be presented as per a led or ridden show class.		
Gear clean and correctly fitted.		
Punctuality, courtesy		
<b>OVERALL IMPRESSION – PRESENTATION</b>		

ON THE GROUND (GROUND WORK) To be completed in a bridle for B level		
REQUIREMENTS (per page 19 of Syllabus)	(YES/NO)	COMMENT
<b>Demonstrate correct use of the whip for groundwork.</b> <i>Candidate to show correct way to hold and use whip when training forward and step back along with yielding hindquarters.</i>		
<b>Know the principles, benefits, and potential dangers of lungeing.</b> <i>Gloves, suitable footwear and an approved helmet to be worn.</i> <b>Present a horse to lunge with correctly fitted gear and explain the purpose.</b> <i>Snaffle bridle to be used including reins correctly secured but no noseband; plus correctly fitted lungeing cavesson with jowl strap and rings. Saddle with stirrups correctly secured or roller may be used. Elastic side reins correctly secured. Boots or bandages should be used. Lunge whip must be of the correct length and in good condition. Lunge rein to be of suitable length and thickness.</i>		
<b>Demonstrate warm up and cool down on the lunge with no side reins.</b> <b>Demonstrate control of the horse at walk, trot and canter in work session.</b> <i>Side reins correctly attached.</i>		
<b>OVERALL IMPRESSION – ON THE GROUND</b>		



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<b>UNDER SADDLE (Ridden Component)</b>		
REQUIREMENTS (per pages 19-21 of Syllabus)	(YES/NO)	COMMENT
<p><b>Rider exhibits a well-established position at all paces, and is able to apply the aids smoothly and accurately.</b></p>		
<p><b>Rider understands and can demonstrate the three phases of the aids.</b> <i>The light aid, the pressure, the release.</i></p>		
<p><b>Rider can demonstrate correct use of the whip.</b> <i>Mild tapping, precise; consistent with in-hand work</i></p>		
<p><b>Rider can explain and demonstrate the importance of warming up correctly.</b> <i>candidate to include stop, go forward; changes of pace; length of warm up and what influences this; turns and yields in warm up.</i></p>		
<p><b>Rider or examiner to choose one foundation response, and rider to show and/or describe what would be:</b></p> <ul style="list-style-type: none"> <li>• Basic attempt <i>release the aid pressure clearly and reward</i></li> <li>• Obedience <i>horse offers response to aid more readily</i></li> <li>• Rhythm <i>self-maintenance of speed and line.</i></li> <li>• Straightness <i>the horse keeps his line and can develop impulsion.</i></li> <li>• Contact <i>light connection with rider to the horse through bit and rider's legs.</i></li> <li>• Proof <i>when the training is consolidated, and the horse responds to a signal the same everywhere.</i></li> </ul>		
<p><b>Rider can explain and demonstrate the following:</b></p> <ul style="list-style-type: none"> <li>• Rhythm and tempo</li> <li>• Accepting the bit and being on the bit</li> <li>• Straightness</li> <li>• Impulsion</li> <li>• Self-carriage</li> <li>• Laterality (same-sidedness of the horse); <i>Candidate to understand the CPGs (Central Pattern Generators) and how it impacts the horse's gait.</i></li> </ul>		

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<p><b>Rider can explain and/or demonstrate the difference between</b></p> <ul style="list-style-type: none"> <li>• <b>Abduction and adduction</b> <i>Abduction – moving the leg away from the midline of body; adduction – moving the leg toward and under the midline of the body.</i></li> <li>• <b>Protract and retract</b> <i>Protract – swinging the leg forward; retract – swinging the leg backward.</i></li> <li>• <b>A direct and indirect turn</b> <i>Direct turn – slight opening of the rein; indirect turn – where the horse looks slightly away from direction that it is turning.</i></li> <li>• <b>Turning and yielding</b> <i>Turn from reins, yield from rider’s legs.</i></li> <li>• <b>Step, stride and gait</b> <i>Step – the movement of one leg; Stride – step of all four legs; Gait – unique patterns of movement such as walk, trot, canter.</i></li> </ul>		
<p><b>Rider to show the following movements in a 20m x 60m arena and explain the aids</b></p> <ul style="list-style-type: none"> <li>• Medium walk and free walk on a long rein</li> <li>• Working trot and canter</li> <li>• Lengthened strides at trot and canter – must cover more ground – including across the diagonal and on a circle</li> <li>• Halt</li> <li>• Circles to 10m at walk and trot and 15m at canter</li> <li>• Serpentine at trot, two and three loops</li> <li>• Walk-canter transition</li> <li>• Counter canter – 2m loop off the long side</li> <li>• Change the canter lead through trot and walk.</li> </ul>		
<p><b>JUMPING</b> (Page 21 of the Syllabus)</p> <p><b>Jumping Stream riders:</b></p> <p><b>A) Candidate is able to build 2-3 simple schooling fences and one combination.</b> <i>Understand and show the use of poles and grids for trot and canter to improve a horse’s jumping technique.</i></p> <p><b>B) The candidate is able to provide a map with a simple showjumping course they have planned prior to the day, and explain how it is intended to be ridden.</b> <i>This should include description of fences, dimensions for each grade, time allowed for different grades, time limit, tracks, striding etc.</i></p>		

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<p><i>NOTE: This can be the course jumping stream riders ride on the day at the correct height, and can be built by helpers.</i></p> <p><b>C) Candidate is able to walk a showjumping course with the examiner.</b> <i>Explain related lines, any potential problems, how to make time and to ride a jump off.</i></p> <p><b>D) Candidate to ride a show jumping course.</b> <i>with calmness and good use of stride, line, and pace. Fences to be a minimum of 95cms height. Candidate should be able to land on the correct lead, show lengthening and shortening of canter, rebalance when needed, demonstrate good tempo, line and rhythm. Rider to show a balanced jumping position with steady lower leg and independent hands. Clear round desirable, but dropped rails due to ineffective or poor riding to be penalised.</i></p> <p><b>E) Candidate is able to walk part of a XC course (at least eight fences) with the assessor. Then rider to demonstrate an ability to retain a balanced position over fences of varied terrain including drop, banks and ditches.</b> <i>Candidate to explain related lines, any potential problems including design, safety and environment.</i></p> <p><b>Non-Jumping Stream riders:</b></p> <p><b>Riders doing the B non-jumping alternative are to complete A), B), C) above plus the following:</b></p> <p><b>D) Candidate to complete 2-3 show jumping fences of minimum height 85cm.</b> <i>Candidate should be able to land on the correct lead, show lengthening and shortening of canter, rebalance when needed, demonstrate good tempo, line and rhythm. Rider to show a balanced jumping position with steady lower leg and independent hands.</i></p> <p><b>E) Candidate is able to walk part of a XC course (at least eight fences) with the assessor.</b> <i>Candidate to explain related lines, any potential problems including design, safety and environment; no obstacles need to be jumped.</i></p>		
<b>OVERALL IMPRESSION – UNDER SADDLE</b>		

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<b>HORSE MANAGEMENT</b> (Unmounted but with a horse for some sections)		
REQUIREMENTS (per page 21-24 of Syllabus)	(YES/NO)	COMMENT
<p><b>Rider can explain the difference between care and welfare.</b>  <i>Care is looking after the horse's health. Candidate to explain the five freedoms and how this relates to their care. Welfare is looking after the horse's mental needs. Candidate to explain a horse's four essential needs in order to be content.</i></p>		
<p><b>Rider shows an understanding of how to feed their horse used on the day, in relation to workload (heavy or light), fitness level and living conditions.</b></p>		
<p><b>Rider to discuss the condition of their horse's feet, and shoes (if applicable). They are able to show where they would find ringbone, splint etc, a hoof abscess and how they would test for a bounding pulse.</b></p>		
<p><b>Rider to discuss how they would remove and replace a shoe, including tools required.</b></p>		
<p><b>Rider demonstrates how they would:</b></p> <ul style="list-style-type: none"> <li>• <b>test for dehydration;</b> <i>skin pinch method</i></li> <li>• <b>administer a deworming paste;</b> <i>safety considerations, dosage, technique</i></li> <li>• <b>administer an intra-muscular injection;</b> <i>know where to administer, safety considerations, technique.</i></li> </ul>		
<p><b>Rider to discuss what parts of their horse float or truck need to be checked to maintain safety, or what to look for in a safe horse transport.</b>            (Useful to have a float on hand).  <i>To have knowledge of maintenance of brakes, lights, floor, ramp, tyres, hitch and ball, breeching bar or safety chain.</i></p>		
<p><b>Rider to demonstrate putting on an exercise bandage and a stable bandage</b>  <i>Always use padding, even pressure, candidate to understand pros/cons.</i></p>		

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<p><b>Rider to show how a well-fitting rug would sit on a horse, and care of a rugged horse.</b> <i>Explain the dangers of over-rugging, and the pros and cons of canvas, synthetic and cotton/summer rugs in relation to climate and the horse's thermoneutral zone.</i></p>		
<p><b>Rider to produce their travelling first aid kit and explain what is in it and why.</b> <i>Must include cotton wool, elastic bandages, scissors, antiseptic spray or cream, digital thermometer, pack of salt, gauze swabs, pair of tweezers, torch, syringe to flush wounds, as per manual.</i></p>		
<p><b>OVERALL IMPRESSION - HORSE MANAGEMENT</b> (Candidate's safety, knowledge and proficiency)</p>		

Results are summarised on Page 1.

ASSESSOR DETAILS	
EXAMINER (PRINT NAME)	
EXAMINER (SIGNATURE)	

**NEXT:**

- This sheet can be used to fill in the candidate's results for all three sections of the B Certificate (see Page 1) and is to be handed to the Club Secretary or Centre manager and a copy can be given to the candidate in due course.
- The results are to be emailed to your State Office and Pony Club Australia via [info@ponyclubaustralia.com.au](mailto:info@ponyclubaustralia.com.au) (Put 'Certificate Assessments' in the Subject line)
- Pony Club Australia B certificates for presentation to successful candidates are available from some State Offices, and also from the [MyPonyClub](#) member store under 'National store'.