

<b>Lesson Plan 28</b>		<b>Saddlery care</b>	
<b>Skill level of riders:</b>		E certificate level	
<b>Lesson length:</b> 30 mins			
Sequence	Duration	Activity	Note
Introduction	5 mins	My Name is: (Coach name) My Topic is: Learning how to care for saddlery The purpose of this lesson is: teach riders the importance of keeping gear clean and well maintained.	
Explanation	5 mins	Why? Dirt, sweat, heat and neglect can damage your saddlery making it unsafe or uncomfortable for you and your horse.  How? After ride, clean bit and wipe gear with damp cloth. Check stitching and buckles for signs of wear. Use saddle soap and oil as required.	Rider gear: All riders to be wearing riding boots and helmet.
Equipment		When? Every time you use the gear. At least once a month or prior to competition or rally, give gear an 'intensive' clean.  Saddle soap, cleaning cloths/sponge, saddle oil/conditioner. Warm water.	
Activity Execution	20 mins	<p>Have a bridle and cleaning products available to share.</p> <ul style="list-style-type: none"> <li>• Explain everyday cleaning and intensive cleaning.</li> <li>• Go through the parts of bridle including; bit, reins, browband, noseband, headpiece, throat lash, cheek pieces. Explain each part.</li> <li>• Explain the process of cleaning gear.</li> <li>• Together, pull apart bridle, clean and check each part for wear and tear and then put back together</li> <li>• Discuss how to store gear to protect from dust and vermin</li> <li>• In E workbook, page 41 complete activity</li> </ul>	E certificate book page 41
Evaluation	Record your reflections on the lesson in your Coach journal and note any particular problems riders may have experienced.		

Horse Bridle Terminology

