

Lesson Plan 3		Reward training 'equitation science' unmounted session	
Skill level of riders:		E certificate level	
Lesson length: 40 mins			
Sequence	Duration	Activity	Note
Introduction Resources	5 mins	My Name is: (Coach name) My Topic is: The aids for riding The purpose of this lesson is: learn about Equitation Science and reward training E Certificate Manual Colour in pencils / pens	E manual Pages 8 & 9
Explanation	5 mins	What is equitation science? Equitation science uses evidence to understand the way in which horses interact to improve training and management of the horse. What is reward training? When the horse does something that we like, then we give the horse something that he likes. How? Rewards such as food, scratches, rubbing. Where? Riders to investigate where their pony prefers to be rewarded. When should you use reward training? Whenever your horse does something that you'd like him to do again 😊	
Activity 1 E Manual colour in Page 8	25 mins	<ol style="list-style-type: none"> As a group safely gather at the pony yards and take turns in finding out where each pony prefers to be rewarded. Group to learn safe way to give a pony a treat. Colour the pony on Page 8 showing the areas that your horse likes to be scratched. Write what your horses favourite food treats are. When have you given your pony a food reward? When have you given your pony a scratch reward? Can you think of any other ways to reward your pony when he has done the right thing? 	Don't forget: <ul style="list-style-type: none"> Safe footwear Treats for ponies E workbooks Colour in pencils
Pack up	5 mins		

