

Lesson Plan 26		Grooming	
Skill level of riders:		E certificate level	
Lesson length: 30 mins			
Sequence	Duration	Activity	Note
Introduction	5 mins	My Name is: (Coach name) My Topic is: Learning correct grooming methods The purpose of this lesson is: teach riders the importance of grooming their pony and correct techniques.	
Explanation	5 mins	Why? Daily grooming is important. It provides the horse with a healthy coat and enables riders to check horse for any cuts or injuries. Most horses love it too. How? Choose correct grooming brush depending on where you are grooming and ensure rider is wearing correct safety gear When? Every day if possible Where? Groom all over his body including legs, mane and tail and picking out hooves	Rider gear: All riders to be wearing riding boots and helmet.
Activity Execution	20 mins	As a group, coach to safely coordinate group and use one quiet pony (correctly tied up) to demonstrate the correct techniques for grooming. <ul style="list-style-type: none"> • Ensure riders know how to use the following: Dandy brush, body brush, curry comb and hoof pick. • Brush the following parts of the horse: neck, chest, body, hindquarters, legs and face. Demonstrate correct technique when brushing mane and tail. • Demonstrate correct technique for safely picking out hooves. Riders can have a go at picking out front hooves. • Riders to complete quiz in their certificate manual Page 37.	E certificate book page 35-37
Evaluation		Record your reflections on the lesson in your Coach journal and note any particular problems riders may have experienced.	

