


<b>Lesson Plan 2</b>		Trail Ride Treasure Hunt Adventure (mounted or unmounted)	
<b>Skill level of riders:</b>		E certificate level	
<b>Lesson length:</b> 40 mins			
Sequence	Duration	Activity	Note
Introduction	5 mins	My Name is: (Coach name) My Topic is: The aids for riding The purpose of this lesson is: explore XC course & have fun	Gear – check areas of wear Rider – check boots and stirrup size, helmet, jewellery, uniform Horse – check saddle, bridle, other gear such as martingale, breast plate etc
Safety Check		Emergency Stop: Halt until further notice. Safety of Area: To check prior	
Gear Check		Medical check: "Is there is any condition or problem that might affect your learning throughout this lesson?"  Gear check - Ask for information about horse and rider combination	
Equipment Needed		Treasure will need to be placed out on course prior to lesson	
Explanation & demonstration	5 mins	Explain: any rules pertaining to treasure hunt, group safety, safety for handlers, what environment/conditions we might encounter. For example, other riding groups, hills, water 😊  A demonstration of aids for stop, go and turn may be given. There may be a need to stop ride during treasure hunt to demonstrate how to ride different terrain and conditions.	
Warm up	5 mins	Warm up with walk heading out to treasure.	
Activity Execution	20 mins	Suggested ideas for hunt: <ul style="list-style-type: none"> <li>• Create clues to be solved in order to find treasure. Clues can be hung in the tree, on a rock, XC jump etc</li> <li>• Treasure could be items such as head collar, lead ropes, brushes, bits (bonus points if they know the bit type!)</li> <li>• When all treasure is found, riders receive reward/s for their efforts</li> <li>• Hunt can be as a whole group, or split riders into teams</li> <li>• Set a time limit</li> <li>• If unmounted or more than one team, consider asking riders to take photos to prove what they have found so that items can be found by more than one group</li> <li>• Give teams a name and captain</li> </ul>	
Cool down & Feedback	5 mins	Proceed to cool down ponies. Ask a mix of open and closed questions to each rider to assess their understanding, eg: 1. What was the best part of the treasure hunt?  Ask if they have any questions or feedback for you. Thank the riders and dismiss them safely!	
Evaluation		Record your reflections on the lesson in your Coach journal and note any particular problems riders may have experienced.	