











## Helmet Standards

**The following shows helmets permitted in Pony Club**  
*Helmets generally have a useful life of five years, but must be checked after a fall*

<b>Standard</b>	<b>PCA</b>
Australia New Zealand standard AS/NZS 3838 Marked SAI Global 	
Australia New Zealand standard ARB HS 2012 (racing helmets) Marked SAI Global 	
American standard ASTM F1163 Marked SEI or SNELL E2001 	
British Standard PAS 015 (1998 or 2011) BSI Kitemarked 	
European standard (old) EN1384 <b>2020 is the last valid year for                      this standard and only with                      date of manufacture of 2015</b>	 <p><b>Only for helmets with                      manufacture date up to                      and including 2015</b></p>
European standard (new, interim) VG01.040 (2014-12) This may be abbreviated as 'VG1' on the helmet label	 <p><b>Note that new helmets                      may carry both the                      EN1384 &amp; VG01.040                      marks</b></p>