

**PCA** News

Pony Club Australia Monthly Newsietter

## Nationals- full results

International Tetrathlon opportunity

Thelwell Art Competition

> JustGo Quick Guide for 2024

> > 0

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info@ponyclubaustralia.com.au www.ponyclubaustralia.com.au

# **PCA office hours**

CEO Matt Helmers and the team at Pony Club Australia wish all members a merry Christmas and happy, exciting New Year. The PCA office will be closed on the main holiday days. This email and phone will be monitored over the Christmas period for emergencies. info@ponyclubaustralia.com.au or Ph 0493 368 361

## Level 1 Coaching Manual

The new Level 1 Coaching Manual is in production and will be available in the new year. This is the next step for coaches after the Foundation Coach qualification (optional) and the Preliminary Coach qualification (mandatory to sit for Level 1). Details will be available from your state office soon, and on the PCA website under Coaches. \*Note coaches already working through their Level 1 coaching qualification can

complete using the old manual.

<image>

Good use for old bits!

## **Cover photo**

Lily Chad, Merricks Pony Club, competed in the dressage in the PCA Nationals on her horse. PHOTO: Samuel Noakes Photography





## Expressions of Interest - International Tetrathlon Trip

Pony Club Australia will be sending two teams (five females and five males) to the International Tetrathlon Exchange which is being held in Ireland and England from 23rd July through to 12th August 2024.

There will be three events - Irish Champs in Country Kildare, Ireland International Comp in Necarne, Northern Ireland and UK Champs in Leamington Spa England.

For the 2024 Exchange there will be a 1500m run for girls, 3000m run for boys, 3-min timed swim for girls and 4-min timed swim for boys and 10m pistol shoot. Applications are now open and close on 31st December 2023.

Nominees must meet the following criteria:

- Be aged 16yrs or older at 1st of Jan 2024
- Not have attended a previous International Tetrathlon Exchange
- Must hold a minimum of C\* level certificate prior to departure

- Must be endorsed by their State Pony Club (the EOI form will be forwarded to the state body for approval)

- Must hold or be willing to attain a valid passport before the end of Jan 2024

 Must be committed to being able to pay the full cost prior to the event. The cost includes airfares, uniforms, accommodation and entries.
 Please note the EOI form shows the estimated cost; prices could increase depending on flight cost at the time of booking. This cost does not include spending money.

NOTE: Once a member submits their Expression of Interest, a copy of the submission will be sent through to their State Office for approval. Once the State approves, the submission will be lodged with Pony Club Australia for the final selections. MORE:

https://form.jotform.com/233250292780858

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# 2023 International Quiz Competition

Team Members:

- Sharne Haskins Captain (NSW)
  - Kaitlyn Brockett (Tasmania)
- Annabelle Ennis-Wert (Victoria)
  - Hector Brennan (Victoria)

Coach / Team Manager – Rachael Edwards (Victoria) Nominated Team Expert Australia – Ann Olsen (South Australia)



The four members of the Australian Quiz Team have placed fifth in this year's Pony Club International Quiz Competition (December 3, 2023)

We know they have put a lot of work into their preparation and were competing against countries where quiz has a much higher profile and been a popular discipline for much longer than here in Australia. By all reports the team, which has trained together on line with weekly quiz sessions, worked well as group and coach Rachael Edwards was extremely proud of them. Well done, team!

Left to right: Meeting in Melbourne so they could all be in the one room for the big event are: Hector from Woodlands PC VIC, Sharne from Londonderry PC NSW, Kaitlyn from Lilydale District PC TAS and Annabelle from Balnarring PC VIC with coach Rachael Edwards.

Over the years, Rachael Edwards has been actively involved in the discipline of Quiz coaching and managing Team Vic's National team, being the MC for PCV's Interzone Virtual Quiz Series and now coaching the Australian International team. She also coached the PCA International Showjumping team in France this year. In the lead up to this competition, Rachael has lead the 2023 PCIA International Quiz team training sessions, engaging the riders with various topics throughout their training. Rachael is incredibly proud of this dedicated team, and is grateful that the riders have now become life long friends throughout the training sessions. She organised the team to come together in Melbourne so they could participate from one location, a big help with team bonding after so much online training.





**Ann Olsen** comes from South Australia and is the current PCASA State President. Ann brought Quiz to the members of PCASA, with quiz competitions at State Championships since 2017.

Ann has organised Quiz for PCA Nationals, and for the National coaching workshop in 2018. She was the manager for the international quiz competition in 2021 Ann has put the 60 questions per week together and runs them through Kahoot. While Ann claims not to be an expert, she is passionate about bringing quiz to all Pony Clubbers.

# International Quiz Competition

Team Captain Sharne Haskins has sent us the following report:

"Whilst the competition was held virtually, for the first time since COVID the Australian team was able to meet in Victoria and compete from the same location. This gave the team a great opportunity to not only meet each other in person, but to work more collaboratively and efficiently in the competition. To compete together in person was a big goal for the team who have been training once a fortnight for over six months.

The quiz involved seven rounds; an individual exam and six team rounds, covering topics of General Knowledge, Learning Theory, Gastrointestinal System, Bio Security, Welfare, Art/Literature, and World Competition Venues, all ranked at B-A level certificate expertise.

The Australian team worked incredibly well together, and were applauded by the UK Pony Club CEO for their sportsmanship, friendliness and enthusiasm.

Whilst the topics were challenging and Australia still has much to learn in the quiz world, Australia finished a strong 5th overall! In the Learning Theory Round they posted the second highest score overall which was an incredible highlight. Pony Club UK took home the overall champion, followed by Canada and USA.

To top off the weekend in Victoria, the team also visited Woodlands Pony Club and Living Legends before heading back home!

Our team represented Australia with great pride, had lots of fun and learnt many new things. They look

forward to the 2024 International Quiz which is being hosted by USA in Kentucky! The Australian Team would like to sincerely thank Pony Club Australia and our Coach/Manager Rachel for allowing us to participate and represent at this level. We also extend our thanks and congratulations to PC UK."

1st-UK 2nd- Canada 3rd- USA 4th- Hong Kong 5th-Australia 6th -New Zealand Right: The Australian Quiz team enjoyed a visit to the <u>Living Legends</u> <u>complex</u> near their Melbourne base, after their event.





**Captain:** I am Sharne Haskins, 23, from Londonderry PC, NSW. A PC member for 20 years, I have had the privilege of competing in a wide range of disciplines - but my heart lies with Show Riding and Dressage, and of course Quiz! This is my 3rd International Quiz.



My name is Kaitlyn Brockett, I am 17 and a member of Lilydale District Pony Club, in Tasmania. I am an eventer at heart. I've done Quiz at three PCA nationals and this is my first International Quiz. I'm very excited about this opportunity.

Hi I'm Annabelle Ennis-Wert, 19 years old from Balnarring Pony Club in Victoria, Australia. I'm honoured to be representing Australia once again in the 2023 PCIA International Quiz.



My name is Hector, I'm 17 and a member of Woodlands Pony Club in Victoria. I've been competing in Quiz competitions for a few years now and really enjoy learning in a fun way. I've made so many new friends and connections and look forward to representing Australia.

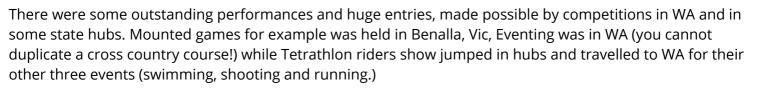
December 2023 - 5



# PCA Nationals 2023

## Team WA takes the Braham Shield

Team WA was a deserving winner of the Perpetual Roger Braham Shield, just ahead of Team Vic.



Congratulations to the small, dedicated team in WA who organised this major event and we thank everyone for their patience while the huge amount of video entries were judged for events like Dressage and Showman. While it takes longer, the huge upside is that many more riders in every state, if they are selected, get the chance to ride at the Nationals no matter what their location.

Full results are on the PCA website and the PCAWA National Championships page.

### **Quick links:**

Braham Shield points for each state: <u>https://tinyurl.com/NationalsBrahamShield</u>

Full Nationals results: https://ponyclubwaevents.asn.au/results/

## The Braham Shield

- 1. Western Australia
- 2. Victoria
- 3. **NSW**
- 4. Tasmania
- 5. South Australia
- 6.= Qld and NT



Photos: Rebecca De Vries Photography





DREAM, BELIEVE, ACHIEVE



## **Pony Club International Alliance Virtual Showjumping Competition**

## Australian team

Members of Western Australian Pony Clubs rode for Australia at a hub in WA. Each year the host state gets to field the teams, and WA put up their hand. The riders are:

### Sub Juniors

Lily Bennett and Krystelle Park Impressive, Swan Valley H&PC Matilda March and Maxi Mouse, Serpentine H&PC Lexi Caldwell and JB Chase Me Charlie, Swan Valley H&PC Amelia Chester and Mayfield Lollie, Swan Valley H&PC

### Juniors

Allira Bond and LV Maverick, Serpentine H&PC Aimee Kid and Mister Sugar San, Dardanup H&PC Isabelle Cox and Counter Offer, **Esperance PC** Ella McCrum and KP Payback, Gidgegannup H&PC

### Seniors

Vanessa Davis and Indi, Gidgegannup H&PC Jack Bennett and Belcam Charlotte, Swan Valley H&PC Tayla Carpenter and Lady Penelope, Wallangarra R&PC Lewis Hudson and Vain Moon, Wooroloo H&PC

### Masters

Kaitlin Goss and Vintage Valley Dark Knight, Eastern Hills H&PC Georgia Lowry and Hansie Kronje, Serpentine H&PC Jazmin Anderson and Belcam Cerento, Horsemen's PC Alison Hanson and Sonigues Reggie, Capel H&PC

## **Results**

Here's all the placings

PCIA Virtual Showjumping results For individual and teams scores, visit the PCA website under News/Media Releases or click here:



### **REPORT by Vanessa Davis**

On Saturday the 19th of August 16 lucky riders from WA got to represent Pony Club Australia in the PCIA International Virtual Showjumping Competition at Brookleigh Equestrian Centre.

The day consisted of a trot up, warm up round and two competition rounds. Riders were given the opportunity to walk the course with Fred Freeman prior to their competition round to get some very valuable advice from a course designer's point of view as well as some pointers from their warm up round.

The rounds were judged by Rosemary Inglis and alongside her was the ground jury of Fred Freeman, Tanya Appleby and Kristy Rae. The riders were also very fortunate to have Vicki from Lucky Penny Photography there to capture this very special event.

The senior team competed over a course set at 105cm for the first round (not against the clock) and the height being raised to 110cm for the second round over a shortened course (against the clock). The junior, masters and sub juniors all completed a course set at 80 cm for the first round with the height being raised to 85cm for the second round over a shortened course.

All horses and riders were presented and rode to a very high standard. There was a great deal of support from all of those involved with the running of the event and everyone rode for Australia with a great deal of pride and fantastic sportsmanship was shown.

Although not everyone got the results they may have hoped for, everyone tried their hardest. There is now a waiting game to see where team Australia has placed against countries all over the world. No matter what the results end up being, everyone who was involved should be very pleased with their efforts as they all did Australia proud.



## Pony Club Exchange visit - China 2023

These four riders have been selected for this trip, from 80 applications. The team depart their states on 6/12 to meet up in Melbourne before flying to arrive in China on 7/12.

Wishing the team a great time and successful trip

- Amarlie New Crompton Park Pony Club (Qld)
- Isabelle Cox Esperance Pony Club (WA)
- Zac Boland Cobar Pony Club (NSW)
- Charlie Hiscock- Hamilton Pony Club (Vic)

The team coach/manager is Carol Hobson (Tas), who has experience with previous tours to China. She will be supported by Ray Oliver (Tas), who has been involved in Pony Club for 23 years, mainly as a course designer and assessor. Jacqui Larson (Qld) will be in China for rider assessments and will also support the team on the ground when they arrive.

The team will fly into Shanghai, and visit Saga Pony Club in Suzhou city and Dream Rider School (or alternative riding centre TBC) in Ningbo city. The competition will include 90cm showjumping and Novice dressage events.



### **Amarlie New**

My name Is Amarlie New and I am from Queensland, Australia. I am 15 years old and started riding horses at age seven. I am quite an outgoing person, and you will almost always see me smiling and chatting away with someone. I currently own and compete three horses, in all disciplines including dressage, showjumping, eventing, sporting and show horse.

**Charles Hiscock** is 14 and from Mt. Napier, rural Victoria. He lives on a farm with his parents, twin brother, Finley, and older sister, Amelie. A Year 8 student at The Hamilton and Alexandra College in Hamilton, Charles has been actively involved in the College's equestrian program and Hamilton Pony Club since he was four years old.

Charles rides a 15.3' Thoroughbred, 'Jim' (Always a Gentleman), who is his fourth horse in his riding journey and a great friend. His favourite riding disciplines are Showjumping and Tetrathlon. Charles competed this year for the second time in the Victorian Tetrathlon team, representing his state at the Pony Club Australia Nationals, where their team Junior Boys Team took out the Championship.

Being a member of the Hamilton Pony Club has had a significant impact on Charles's life. It has not only allowed him to connect with a diverse group of people but has also provided him with a wide range of riding experiences, opportunities to excel and a wealth of horsemanship knowledge.





## Pony Club Exchange visit - China 2023

### Zachary Boland

My name is Zachary Boland I am a 16 year old country boy from a small remote country town in NSW Australia. I began riding when I was seven participating in all disciplines and for the last five years I have focused primarily on showjumping with my coach Jennifer Wood. I have recently started competing at larger scale events throughout Australia jumping 120cm to 130cm. I am currently completing my higher school certificate at Cobar High School which will be completed in 2024. Competing at a high level of showjumping whilst completing school has proven to be quite a juggle but has been possible because I am a driven individual.





#### Isabelle Cox

I'm Isabelle Cox and I am from a large cropping and cattle farm out of Esperance Western Australia. It takes me an 10 hour drive to get to horse events. I go to boarding school in Perth WA and enjoy it.

I love all things sport- swimming, netball, running, shooting, AFL, tennis, soccer you name it I play it. I have been riding since I was 10 and am a member of the Esperance Pony Club. I enjoy competing in Tetrathlon and eventing. My current horse is Counter Offer Effie, who is an ex-racehorse and I have had her for three years. She is a bold jumper and our favourite phase in eventing is Cross Country!

China Pony Club (CPC) delegates visited Australia in October to discuss a number of initiatives with PCA. This included: - the upcoming 2023 international exchange which CPC is hosting in China in December, including teams from South Africa, New Zealand and Australia. - discussion around future camps CPC is planning in Australia for 2024.





 Team managers for the China Exchange visit Carol Hobson and Ray Oliver

# International Mounted Games Exchange ~ Fun AND Games

The International Mounted Games Exchange is an annual competition for PC riders 16yrs and under. In November 2023, it was Australia's turn, with PCA and NSW hosting.



Who did they all meet on the bridge climb - none other than a friendly Jamie Oliver! Also in the photo Australian team coach Dan Foster and manager Niree Weybury who did a great job.

They came to a far off land called Oz ...

This video shows some of the highlights of the 2023 event.

It sums up what these tours are all about - fun and friendship and getting to see the sights of the host state, in this case NSW. Then finishing up with a 'friendly but serious' competition, all on borrowed ponies.

Thanks to all those involved and well done on a special event. Canadian Pony Club is the host of the IMGE 2024.

https://www.youtube.com/watch? v=ZK5js2uOUzw

A special thank you to Blacktown City Council NSW for their support with this event. The tour used Blacktown Pony Club grounds for the training sessions on the first day of the tour and council members came out and meet some of the teams. Blacktown council also donated the use one of their rooms for the formal farewell dinner.

There are several international opportunities coming up in 2024! Pony Club Australia will be developing a list to show members what the criteria is for being on an international team, so riders can aim to reach the necessary goals to be selected in the future. Stay tuned.

# International Mounted Games Exchange ~ Fun AND Games









As they finished (from top): Great Britain, Australia, New Zealand/USA, Canada

### Report from trip co-ordinator, PCA's Michelle Newham

With not too much down time teams were kept busy over the 10 days with a trip to Sydney, harbour bridge climb, opera house, beaches, ferry and train trips, dragon boat racing, Godolphin stud tour, Ninja warrior course, Scenic World, the Three Sisters in the Blue Mountains, a camping night out in Megalong valley where teams stayed under the stars with kangaroos about.

Then came a swim in Coxs River, a display of Icelandic horses as well as some fun and games with Megalong Valley Pony Cub members, followed by an Aussie bush dance which was a hit! We then headed by bus and car to Batemans bay/ Moruya where we stayed at a fabulous farm with many animals including baby donkeys to play with. Teams experienced jet boating, kayaking as well as an amazing feed of fish and chips before packing up and heading to Canberra where we visited the Australian Institute of sport, Royal Australian Mint, Parliament House and did some shopping.

There was also an amazing experience of a trail riding experience at Murrumbateman. We also threw in a stop for an Aussie meat pie! Heading back out to Penrith riders got to have a quick stop out at the grounds where we meet the Karlie and Tracy from Thoroughbred Industry Careers and Sharne from Ranvet. Teams then had a look over the equipment they would be using before a couple of fun races using hobby horses the teams had designed.

Teams were then treated to a fabulous Aussie feed of prawns and BBQ meats as well as deserts, kindly supplied by Anne Lyell, big shout out to Anne and her girls Tess and Rosie who helped prepare a fabulous meal. Competition day seemed to come around so quickly and teams all rode amazing, Great Brittan just snuck through with win in front of Aus followed by USA/NZ then Canada. The formal dinner was the final event and all teams looked fabulous in their uniforms. Thank you Blacktown City Council for the venue it looked fantastic. Also thank you to Londonderry Pony Club club for the use of their grounds for the

event.



There are plenty more great photos on the dedicated IMGE page https://www.facebook.com/PCAIMGE

# International Mounted Games Exchange ~ Fun AND Games







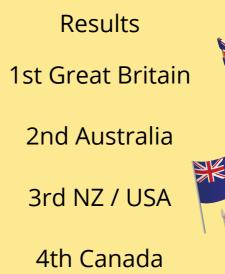




## **Event highlights:**

Nov 7 - 8 International teams arrived Nov 9 - 17 Sightseeing, activities, teams bonding. practice sessions at Blacktown PC, visiting the Australian Institute of Sport, climbing the Sydney Harbour Bridge, dragon boat racing, jet bloat rides and visiting Willinga Park Equestrian Centre.

> Sat Nov 18 - Competition Day @ Londonderry Pony Club





# Pony Club UK Art Competition



We know our members have many talents - now we are calling on any artists out there to consider entering an art competition run by Pony Club UK!

PC UK says: "We are delighted to share with you the 2023/2024 Pony Club Art Competition and welcome the Thelwell family to the judging panel as well as thanking them in advance for the wonderful prizes they are providing for the winners.

Norman Thelwell is regarded as the unofficial artist of the British countryside and is possibly the most popular cartoonist in Britain since the Second World War! Together we are aiming to find the next generation of equestrian artistic talent!

### Theme

The theme for 2023/2024 is "Friendship and Adventure". We invite you to use your imagination to create a piece of art that depicts the adventures you and your pony experience, whether you be on a hack or taking on a new challenge.

Show us your pony's true character and share your Thelwell memorable moments or quirky anecdotes! How does your pony enrich your life? Create a picture that shows how you and your 'best friend' have fun together and how you appreciate each other.

When uploading your entry, you'll be asked to provide a brief description of what your artwork depicts. If you have any queries about the competition, please email <u>communications@pcuk.org</u> for more details. Good luck - we look forward to receiving your entries!

The deadline for entering the competition is 18th February 2024 - you can upload your entry online via this website below, just be sure to read about the competition below and check the rules first!

### How do I enter?

Once you've completed your artwork, you just need to take a photo of it and upload the image to this website. The image upload facility will be available until the competition's closing date (18th February 2024).

## https://artcomp.pcuk.org/



Examples of previous Pony Club UK art competition winners







## Halters on in the paddock?

Never! There has been too many tragic accidents

## Fly veils on in the paddock?

#### Maybe!

Fly veils with velcro or stretch material should come off if the horse catches it on something.

BUT take it off at night and check during the day in case it shifts it could damage an eye or have grass seeds in it.



Welfare Wednesday



## **Rate My Shelter**

Which shelter do you think horses would like best? Tell us the order (and why)!



think like humans





PONY CLUB

This shelter Welfare Wednesday was a bit of fun.

We know all horses like some shelter from sun, wind and the cold, but if they could pick, what would they like? And why?

We asked for your opinion and most of you agreed the best order was B, C, D and then A. Can you work out why?

The winner of a pair of PCA socks is Jasmine from Noonamah Horse and Pony Club, NT.

They will be on their way to you soon!



## **2023 Pony Racing Series**



## **Coming events**

#### Western Australia

Taster Day @ Serpentine Horse & Pony Club has been held. Race Day- Ascot, Dec 9th 2023

### **Queensland/Gold Coast**

Taster Day has been held. Jan 6 2024 Race Day @ Gold Coast Turf Club

#### South Australia

Taster Day date and venue to be confirmed, but will be February 2024.

Register an Expression of Interest via this link: <u>https://form.jotform.com/232058540325854</u> Mar 11 - Race Day, Adelaide

#### **New South Wales**

Taster day has been held and the riders selected. Jan 26 - Race Day Warwick Farm racecourse Sydney.







Huge congratulations to Shea and his pony Bob from Dungog Pony Club who are off to Warwick Farm Racecourse to race on January 26th in the final of the Thoroughbred Industry Careers Pony Races for Pony Club Australia Pony Club NSW









# PCA Merchandise

PCA Polo Shirt - \$65 PCA Cap - \$36 PCA - Socks - \$29 Order online through JustGo www.pca.justgo.com

\$29





# Australia - China Riding Centre 2023 Virtual Dressage Competition

During the month of September and October, the PCA Accredited Riding Centre members and China Pony Club members competed in the first international 2023 Virtual Dressage Competition.

Riders competed in Sub-Junior, Junior and Senior Classes and had a choice of Prep and Preliminary Dressage tests to ride.

Our youngest rider was just 5 years old and our oldest competitor was 59, proving that a life with horses really does start at Pony Club!

Congratulations to all our winners and placegetters below. The competition was tough!

## 12 Years and Under - Preparatory C;ass

1st China Dream Rider School #3 2nd China Dream Rider School #2 3rd Hanna Cameron - Phoenix Acres Equine Centre (QLD) 3rd China Capitano Centre #8 4th China Capitano Centre #5



## 12 Years and Under - Preliminary Class

1st Abigail Jones - Zia Park Equestrian (WA) 2nd China Dream Rider School #4 3rd China Dream Rider School #2 4thChina Dream Rider Centre #3 5th China Dream Rider Centre #1

### 13 and under 17 years- Prep Class

1st Sophia Woodley - Claremont Therapeutic (WA)
2nd Charlie Bates - Claremont Therapeutic
3rd Bridie Mason - Phoenix Acres Equine Centre
4th Suraya Johnson - Phoenix Acres Equine Centre
5th Kyah Beazley- Leonard - Phoenix Acres

### 13 and under 17 years- Preliminary Class

1st Maya Hayman - Yara Balba Stables (NSW) 2nd Madison Nordberg - Phoenix Acres Equine 3rd China Dream Rider School #3 4th China Dream Rider School #2 5th Abbie Ollerhead- Claremont Therapeutic Riding

### Seniors 18 years and over- Prep Tests

1st Eloise Bolam- Claremont Therapeutic Riding 2nd Penelope Gregory - Zia Park Equestrian 3rd Daisy Hameister- Claremont Therapeutic 4th Jasmin Steiner - Claremont Therapeutic

## Seniors 18 years and over- Preliminary Tests

1st SIndy Rollins - Claremont Therapeutic Riding
 2nd Sara Cann - Claremont Therapeutic Riding
 3rd Eloise Long - Claremont Therapeutic Riding
 4th Tonia Bates - Claremont Therapeutic Riding
 5th Jordan Kenzler - Phoenix Acres Equine





## for members, clubs and zones

## In this guide . . .

- How members can reset their password
- How clubs or zones can reset members' passwords
- How to renew a membership
- How to purchase a membership
- How to download your membership receipt
- How to check your membership is active
- How two family members can use the same email address
- How to add credentials to your profile
- How to approve new club members
- How to approve club transfers
- How to update club roles
- Membership renewal checklist

# You can download this useful, small handbook

from the PCA website here:



Suanne Waugh, PCA Integrity Manager Integrity line: 0424 067 045

## ASC E-LEARNING! NATIONAL INTEGRITY FRAMEWORK

This course provides sport administrators with background on Sport Integrity Australia, the development of the National Integrity Framework, and why it was developed including an overview of each Policy.



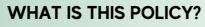
Complaint Form

## HOT WEATHER POLICY

TALK PONY CL AUSTRALIA

**UB** 

POLICI



EGRIT

This policy aims to assist in safeguarding the welfare of horses and riders in Pony Club activities. The Policy sets out the relevant and appropriate risk factors to be considered when determining if and how an event should be conducted on days of high thermal load.

 Hot weather affects both horses and people. Pony Club is committed to the welfare of both. Spectators, officials, coaches and strappers should be considered, along with riders.

## ASSESSING RISK FACTORS

A day with high temperature, low humidity and
 reasonable wind is well tolerated by most horses. The combination of high ambient temperature, high relative

- humidity and low wind greatly increases the risk.
   Horses and people cool themselves by evaporation of
  - sweat. The effectiveness of this process is reduced on days of high thermal load (high temperature, high relative humidity, low wind).

## MEASUREMENT OF THERMAL LOAD

The air temperature in degrees only measures dry bulb temperature and does not take into account other environmental factors. The temperature included in weather reports does not provide a basis for assessing risks of heat exposure. The best available measure is the Wet Bulb Globe Temperature.