Chair: Heather Disher

Secretary: Michelle Harper

Patron: Heath Ryan



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## Are you ready for your D Proficiency Certificate?

Can you ride your horse or pony at the walk, trot and canter and take care of your pony and gear? You should think about going for your D certificate and booking an assessment if you can do the following:

With your horse do you know:

What to wear to be safe
Ways to train your horse using pressure and release
About the flight response in horses
How to reward your horse when training?

## Can you show:

How to lead your horse, including stop and go, slow, step back and turn How to catch a horse, tie him up safely and let him go?

When riding, do you know how to:

Mount and dismount
Hold, shorten and lengthen the reins
Start, stop and steer the horse at the walk, trot and canter
Increase and decrease your speed
Ride in a group?

## Have you learnt:

Signs of a healthy horse
How to tie a hay net
The tools you need for grooming and how to use them
Parts of the saddle and bridle
Parts of the horse?



