

PCA News

Pony Club Australia Month

letter

Competing in bitless bridles

Certificate manuals review

PONY CLUB
VALUES

Search on for a new CEO













Certificate Manuals Review



These are some of the new look covers for the PCA proficiency certificate manuals which underwent a makeover over earlier this year. They are now in circulation and you can order them from the PCA Shop in JustGo.

Compared to previous editions they contain more interactive activities, pages for rider notes and an updated section on welfare. Riders are still able to use the previous editions, especially if they have already started working on a certificate.





Last year PCA enjoyed celebrating the many contributions of volunteers. We look forward to doing so again in 2023. Details coming soon via PCA Facebook and Instagram. Nominate your best volunteers for the chance to win a prize!



It's not just Pony Club

Did you know that Pony Club is a registered trade mark? That means that organisations that are not affiliated with Pony Club Australia and the state Pony Club® organisations cannot use the name "Pony Club" to describe their products and services. Pony Club should always be in capital letters, and if you are feeling fancy, use the ®

You don't use the ® for your registered club name, like Londonderry Pony Club, but you can for Pony Club® sports or Pony Club® camp or Pony Club® uniform.

If you see any business using the Pony Club name – tell us! May 2023- 2

Foundation Coach process 'easy from start to finish'

Dear Michelle*

I would like to thank you and Pony Club Australian immensely for the help and support that has been offered to me, while I was doing the Foundation Coach course.

I found the whole process really easy from start to finish and the fact that I could attend (online) webinars during the evening to get this done, meant that I didn't have to take to much time away from my family.

The webinars themselves were really well thought out and offered a great source of information as they were so informative and straight to the point. The process of being assessed during rally days was super helpful too, as I didn't have to give up a whole weekend to get this done, instead being able to do the coaching hours at regular rally days and having them be accumulated with multiple instructors, meant I was able to learn from a wide variety of knowledgeable instructors.

This made it so much easier as I was there anyway, so once again making the whole process super easy.



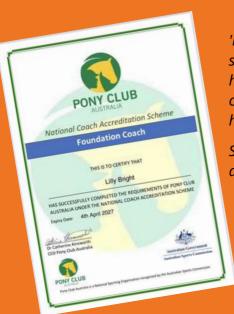
Knowing that I was able to contact my mentor if I needed it gave me reassurance also that I was not alone in this process. So again thank you all for making this whole process so straight forward and easy.

Many thanks, Amanda Richardson, Londonderry Pony Club.

* Michelle Newham, PCA Member Services Officer E: members@ponyclubaustralia.com.au

More about becoming a Foundation Coach

The Northern Territory also has its first Foundation Coach



'I decided to become a coach because I saw a gap in our club. We no longer had any consistent coaches or many coaches with Pony Club background to help kids through certificates.

So became a coach to help change that and to help our club.'

- Lilly Bright, Katherine Horse and Pony Club, NT





Search starts for a new CEO



After more than seven years in the role, PCA's CEO Dr Catherine Ainsworth will be leaving later this year. Applications for the role are now open and close on 19th May 2023.

The CEO, in conjunction with the independent, skills-based board, is responsible for the delivery of the strategic plan to realise the vision and purpose of the organisation. The CEO is responsible for building the reputation and profile of the organisation and providing concise and consistent high-level advice to the Board on operations, policy and planning. Key relationships, internal and external to the organisation, include the Australian Sports Commission, state and local governments, State Members, clubs and sponsors.

The CEO is also responsible for the day-to-day operations of PCA, including financial management, marketing, revenue generation and growth, national policies and programs, and managing a small team.

The location is flexible, and the role is work from home.

More details here:

https://www.sportspeople.com.au/jobs/76552-chief-executive-officer-pony-club-australia-ltd

Leadership Certificate Graduates - 2022



Congratulations to the following members who have recently completed their Leadership certificate.

Tamika Coggan, Kate Duignan and Emily Monro, Vic

Millie Dawson, Jordan Griffiths and Lauren Steinman, NSW

Laura Olive and Rosie Williams, QLD Sienna Owen and Madison Price, WA

The PCA Leadership certificate program requires members to acquire a new skill, complete a volunteer project and attend a series of webinars on management and leadership competencies.

The 2022 group has done some amazing work on projects such as events, clinics and gained skills like saddle fitting, course building, coaching and equine bodywork.

The 2023 group, featured in the last newsletter, is commencing their program this month.

Cover photo



showjumping course with

young riders.

So much fun! PoloX and horse archery practice for Zone 10 NSW, with guest coaches. Photo: Horse and Bow (Facebook)

Pony Club Australia ~ Values



Pony Club Australia's values, in the 2022 – 2024 PCA Strategic Plan are:

- Unity
- Integrity
- Innovation
- Accessibility
- Kindness
- Horse Welfare

Each month, we will be taking a look at what PCA is doing under each of these values.

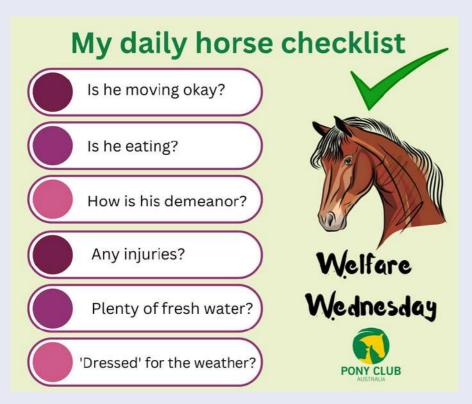
Unity

Firstly, looking at Unity

– we draw strength from our core
purpose and support each other as a
team.

PCA has been working to define how the different parts of the organisation work together and to clarify responsibilities.

"Together for a stronger Pony Club" on our website provides detail on this (Under 'About/Strategic Plan')



Posts like this appear on the PCA Facebook page weekly to highlight aspects of horse welfare.

Are you following the PCA Facebook page and/or Instagram account? @PonyClubAust









PCA Merchandise



PCA Polo Shirt - \$65 PCA Cap - \$36 PCA - Socks - \$29

Order online through JustGo www.pca.justgo.com



Looking for gift ideas?



Pony Club Australia Shop



The Centre Page

Introducing our Newest Accredited Centre to the Pony Club® family

Trot Up Riding Centre, Victoria

PCA's newest Accredited Riding Centre, Trot Up Pony Centre is situated in East Gippsland and run by NCAS Preliminary Coach, Sharon Dent. It's fantastic to see the spread of riding centres now in regional Victoria, offering non-horse owners the chance to learn to ride.

The centre focuses on building strong relationships through self-awareness, observation, effective communication and purposeful actions.

It has an inclusive team of equines including horses, ponies, mini horses, donkeys and mini donkeys.

Trot Up Pony Centre is lucky enough to have an undercover arena, perfect for the all-weather climate of Victoria and its lights also give the opportunity for evening classes.

It currently runs a variety of wellness, horsemanship and riding programs, including school holiday programs and camps. Throughout the year Trot Up hosts clinics and workshops and have professionals provide training and demonstrations on a range of equine related topics. The main activity is equine assisted psychotherapy, wellness and learning. They've also had a lot of fun with their activities, including Tenn Halloween Sleepover, Christmas party games, reverse parking and Surefoot therapy demonstrations.

Sharon and her team are excited to become a member of Pony Club Australia and we can't wait to see more about the wonderful equine learning opportunities they provide.









Pony Club Australia accredits approved riding centres around Australia to teach the Pony Club syllabus to riders without their own horses. Riders, if and when they get their own horse, are then able to join a local Pony Club. MORE HERE:

May 2023-7

Bitless Riders in Competition

The National Gear Rules, implemented in 2022, have allowed for horses to be ridden in bitless bridles at rally days and in competition, through the exemption process. PCA has had 36 riders apply and be approved to ride bitless on a nominated horse. This was a world first for any equestrian organisation to allow bitless riding across the full range of disciplines.

Chello Stoehr, a determined and competent showjumper from Freshwater Pony Club in North Queensland, was the first competitor to ride bitless in a State Championship event at PCQ's Showjumping and Jumping Equitation last month, competing in the 17 and under 26 year age group. Chello and her reliable steed, Cameera, placed 5th and 7th in her Jumping Equitation rounds at Bundaberg, and 8th overall. She then went on to compete for 3rd place in the Grand Prix jump off at 1.10metres and 8th overall in a competitive group of 20. You can see how pleased the grey Cameera is with himself! (Below)







When Sarah Foster (right) read that Pony Club was allowing bitless riding, she signed up as a new member at Southport Pony Club excited to be able to start competing bitless.

Sarah competed in the Tamborine Pony Club ODE last month and won the 80cm Senior Class and was 3rd overall. All phases, including the cross country were ridden bitless, on her brilliant horse Scooby Snax, who is Clydie x Standardbred that Sarah bought the day before he was being sent to the abbatoir. He was also a rodeo bronc at one stage in his former life. What a magnificent job Sarah has done with him.







Gear Exemption requests can be requested at https://ponyclubaustralia.com.au/sports/national-gear-rules/ May 2023-8

Pentathlon Champs

Congratulations to Tully Watt, Emu Creek Pony Club, Victoria, and Rhys Lanskey, Redlands Pony Club, Queensland who are national champions in Modern Pentathlon - again.

This is Tully's second national title in a row, and Rhys' fourth senior men's championship.

Other results for Pony Club members

Senior men Lachlan Nicholls – 3rd - Seville PC, Vic Amos Vagg – 4th – Barwon Valley PC

Zoe Addinsall – Dunkeld PC, Vic – Female Junior Champion Alyssa Greening – Sale PC, 2nd Female Junior Champion Kian Blanchard – Charlton PC, Vic – Male Junior Champion

The inaugural John Pennell Volunteer of the Year Award has been jointly won by two outstanding nominees, one of whom, Kate Thompson (VIC), is chair of the PCA Tetrathlon committee

The younger classes did not ride, but Pony Club members turned in some very strong performances. Well done to:

Chloe Leen, Drysdale Leopold PC – U19 girls

Indigo Harris, Bellinger River PC NSW – U17 girls Matilda Mason, Hamilton PC, Vic – U17 girls Chloe A'Herne, Lillico and District PC – U17 girls

Jack McKerron, Colac PC – U17 boys Nathan Clark, Macarthur PC – U17 boys Oliver Homer, Macarthur PC – U17 boys

Peyton Lee, North Dorrigo PC NSW – U15 girls Xanthe Wade, Stratford PC, Vic – U15 girls Gwyneth Homer Macarthur – U15 girls Amalie Blanchard Charlton – U15 girls Tessa Leen - Drysdale Leopold PC – U15 girls

Colby Devlin - Drysdale Leopold PC – U15 boys Charles Hiscock - Hamilton PC, Vic - U15 boys Finley Hiscock - Hamilton PC, Vic - U15 boys

Ava Harrington - Sale PC Vic - U13 girls





https://modernpentathlon.org.au/







Pony Clubs are proving

we will never forget...













We were delighted to hear about so many Pony Clubs out in force to take part in their local ANZAC Day services. With the enforced COVID restrictions now in the past, numbers everywhere seemed to be on the rise again.

Camden Haven Pony Club (orange jumpers) attended the Anzac Day March at Kendall. It was the 100th year celebration since the memorial in the park was erected; 14 riders attended on horseback and two supporters on foot.

Yarra Glen riders (fawn jumpers) rode proudly with their banner and laid a wreath, while at Theodore Pony Club one member even spoke during the service, and the club laid a beautiful metal wreath.

Penola Pony Club (lower left) joined the 3rd Light Horse Regiment - Naracoorte Troop for the Dawn Service in Penola.

Thanks to all those who tagged us in their posts, and well done! We are sorry we could not fit all your photos in.

May 2023- 10

Vale - Living Legends

In 2019, when Pony Club Australia celebrated its 80th birthday, one activity was honouring 'Living Legends' of Pony Club aged 80 and over.

Two that we know of have passed away this year and our sympathy goes out to their families and Pony Club families.

Roma Brideoake, (right) was the mother of former showjumper and now racehorse trainer David.

Roma was a valued supporter (and life member) of Wagga & District Pony Club and the wider Pony Club community since 1962. This included as parent, instructor, chief instructor, camp coach, zone rep and team coach and manager at zone, state, national and international level.

Roma's support continued as chair of the State PC Instructional Committee, NSW PC State Secretary and Australian Pony Club Council committee and administrator.



The photo is of the Australian Pony Club Representative team competing in the Inter Pacific One Day Event in Canada in 1981.

It shows (I to r): Coach and manager Roma Brideoake; Stephen Squire (representing WA); Vincent Gordon (NSW); Denis Leetham (Victoria) Stephen Andrews (Queensland); Seumus Marwood (Tasmania); Jason Gardham (South Australia). Many of these riders went on to great heights in their equestrian fields.



Betty Miller was a valued supporter of Wagga, Tumbarumba and Bidgee Pony Clubs, then Wagga and Bidgee District Pony Club, as parent, grandparent, great grandparent, instructor, musical ride coach, and later Zone Deputy and Zone Chief Instructor. A well deserved Life Member of Bidgee Pony Club.





Around the Grounds

Talk about keeping it among family and friends! How great is this?



1998 NSW State Mounted Games Championships (Parkes) -Champion Team Muswellbrook. Jeffrey Braithwaite (Dimity), Kate Papworth (Tuppy), Graham Aird (Deli), Ben Logue (Blaze), James Logue (Long Socks).

Ben Logue and Jeff Braithwaite were Pony Club friends at Muswellbrook Pony Club last century (in the 1990s, see photo left) and were gun mounted games riders.

This year, they proudly watched as their children competed in the same sport at the Sydney Royal Easter Show.

Below right: Good mates Ben Logue (I) and Jeff Braithwaite

Below left: Their children (l to r) Bayley Logue, and Jeff Braithwaite's children Charlie MacKenzie and Bree MacKenzie.





Edna Barclay, life member Riddells Creek PC, turned 97 this month. Happy birthday!





We couldn't resist sharing this wonderful photo from a Zone 10 weekend training for polocrosse and horse archery. Look at that concentration!

Please message or email your photos to us at marketing@ponyclubaustralia.com.au

Slips and Falls



Incident Reporting
with Monil Shah,
PCA Sports Development Officer
support@ponyclubaustralia.com.au

Let's investigate the common contributing factors and injuries associated with horses slipping or falling.

In 2022, 87 incidents involving the horse were reported, with

- 32% occurring during cross country activities,
- 23% in showjumping and
- 10% in a warm-up arena.

75% of incidents highlighted that the ground conditions were either "Good to Soft", "Good to Firm" or "Good". Only 22% of incidents mentioned slippery ground, but further analysis revealed that "Sand" and "Grass" arenas became slippery after rain, with some incidents reporting that pre-event rain made the ground damp and muddy.

It's noteworthy that only 21% of these reports indicated that slips or falls occurred on a download or upward slope, with the rest occurring on level ground. Additionally, 23% of incidents involved a fence or gate, and 25% included a bend.

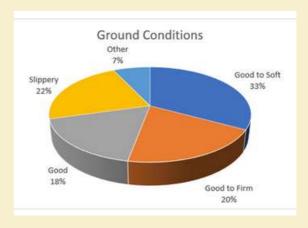
The majority (68%) of rider injuries sustained when a horse slipped or fell were minor, such as bruises/contusions and emotional injuries. 49% of riders received First Aid treatment for their minor injuries.

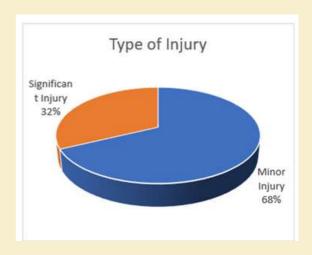
However, the remaining 32% of injuries were serious, with suspected concussion and suspected fracture being the most common.

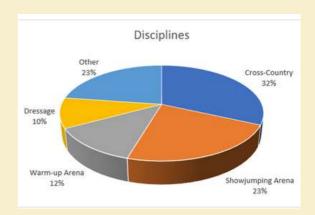
In 71% of cases, no horse injuries were reported, and only 3% of incidents, (two horses) reported significant horse injuries.

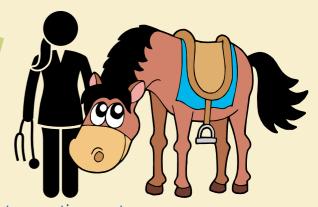
Of the reported incidents, 56% occurred during non-competitive activities, while 44% occurred during competitive activities.

Be ready; record details as soon as you can. Put this link to in your phone or on your laptop









SYDNEY ROYAL RESULTS



INTER AREA PONY CLUB TEAMS SHOWJUMPING

THE OGILVY GOLD PERPETUAL CUP WINNERS - AREA 1

Clare Vanderwater -Londonderry Pony Club, Zone 19 Jett Newman - The Vines Pony Club, Zone 26 Penny Lancaster - Forest Hills Pony Club, Zone 23 Olivia Brindley - The Oaks Pony Club, Zone 10

BEST GIRL RIDER - Jett Newman



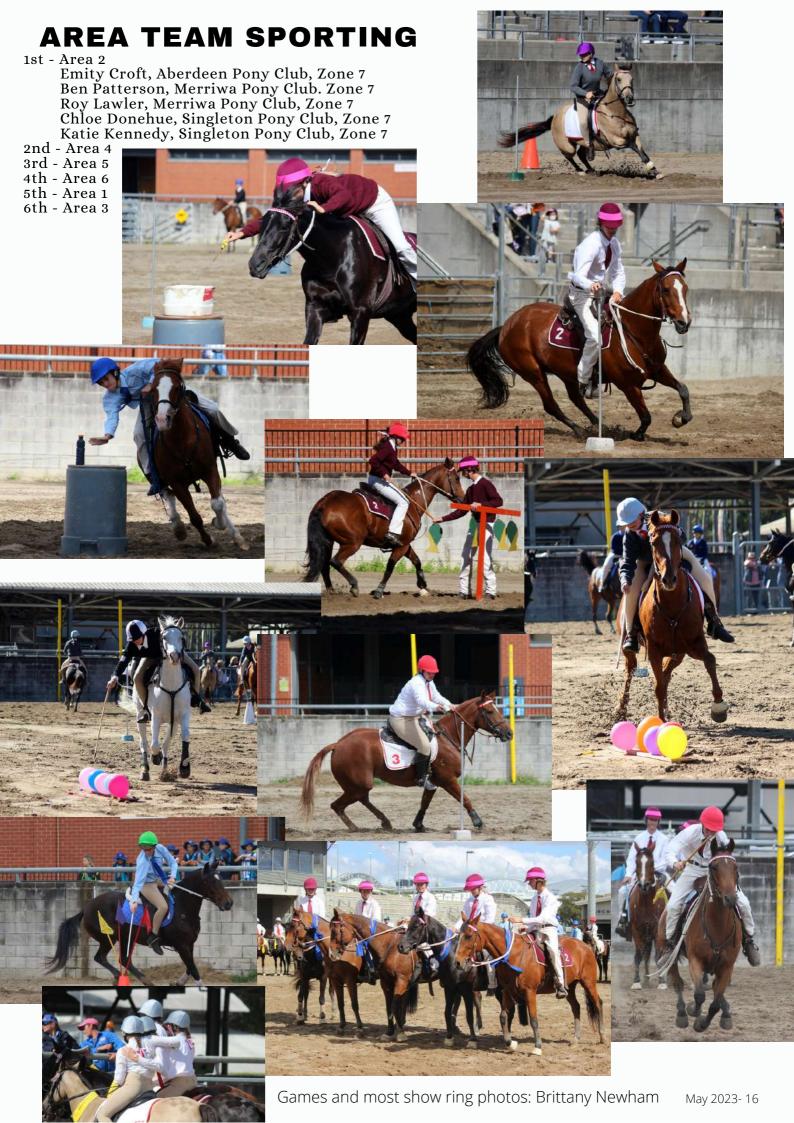
Rider 11yrs & Under 13yrs - Hayden Marr, Bathurst Pony Club, Zone 3 Rider 13yrs & Under 15yrs - Olivia Thrift, Denman Pony Club, Zone 7 Rider 15yrs & Under 17yrs - Allie Palmer, Quirindi Pony Club, Zone 5 CHAMPION RIDER - Allie Palmer

RESERVE CHAMPION RIDER - Olivia Thrift

Pair of Riders under 13yrs - Zone 7 Pair of Riders 13 & under 17yrs - Zone 7

Team of 4 Under 13yrs - Zone 7 Team of 4 rider 13yrs & under 17yrs - Zone 13

Sydney Royal Results





What is Game Plan

Game plan is a tool aimed at helping clubs to understand where their management could improve and provides resources to help build capacity and operational strength

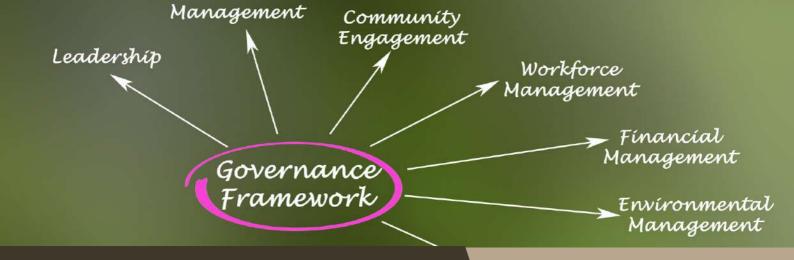
Do I have to do it?

Game Plan is entirely optional for clubs however from committee to committee it is a way of helping to retain corporate knowledge and also help with planning for the future.

Game Plan Information Webinar

Didn't get a chance to jump on our Game Plan Information Webinar? Don't worry we recorded it for you! Scan the code to find the webinar.





Governance

Foundations of a successful club

What is Governance?

Good governance is the foundation of a successful club. So what is Governance? Governance is just a fancy word for club management!

Good governance is a combination of many things such as leadership, vision, strategy, structure, documentation, delegation, review and assessment.

To effectively manage your club you need to understand why you exist, what you think success looks like, how you are going to achieve this success and who or how to get people to help.

There are a couple of building blocks that will help your club foster good governance. Come along to the Governance 101 webinar to look at What good club management looks like and how we foster good governance in our clubs (see next page for details!)

Checklist

Governance 101

	Our club has a copy of our Club Constitution/Purpose & Rules/Rules of Incorporation
	Our club is confident the Constitution is the one lodged with Consumer Affairs/Office of Fair Trading
	Our club has submitted an Annual Return in the last 12 months.
	Our AGM was run in the way our constitution directs.
	Our Committee is constructed the way our constitution directs.
	Our Committee conducts meetings in the way our constitution directs.
	Our Club has a Code of Conduct for our Club Committee members.
	Our Club has a current strategic plan to direct our club.
	Our Club has a role description for all committee members and other positions at the club.

This checklist is a small snippet of what Game Plan and our webinar will help your Club think about!



Club Development Program Webinar Series

The Club Development Program is a webinar series aimed at helping club administrators to gain greater confidence to manage their clubs.

The webinars will be full of tips and tricks, essential information and things to think about. Hopefully shared experiences from other club administrators from all over Australia!

Being a volunteer club administrator can be a rewarding opportunity but sometimes there just seems like so much you need to know or understand.

The Club Development Program will support concepts raised in Game Plan and help clubs to systematically look at areas of operation in their club.

What is Game Plan? Watch our Game Plan Information Webinar to find out more!

WEBINAR SERIES

Club Governance 101

Date: Tuesday 23 MAY 2023

REGISTER NOW >

Time: 7-8pm Please note date has changed

Strategic Planning

Date: Tuesday 27 JUN 2023

Time: 7-8pm

Marketing & Communication

Date: Tuesday 25 JUL 2023

Time: 7-8pm

Safeguarding & Integrity

Date: Tuesday 25 AUG 2023

Time: 7-8pm

Risk Management

Date: Tuesday 26 SEP 2023

Time: 7-8pm

Recruiting & Retaining Members

Date: Tuesday 31 OCT 2023

Time: 7-8pm





Suanne Waugh, PCA Integrity Manager Integrity line: 0424 067 045

ASC E-LEARNING! ANTI-DOPING FUNDAMENTALS COURSE

The Anti-Doping Fundamentals
Course is required learning for
coaches, team managers and riders
who compete internationally for
Pony Club. Any rider who is riding
at State level should think about
completing this course. Coaches
and parents should consider this
course too for knowledge! Once
completed you can register your
badge under credentials on JustGo.



Anti-Doping Fundamentals Course

Comprehensive anti-doping education designed for all athletes and support personnel participating in competitive sport.

ANTI-DOPING FUNDAMENTALS COURSE

PCA Complaint Form

CHILD SAFE GUARDING CLUB PROGRAM

- Pony Club is committed to safeguarding and promoting the welfare of children in our activities, by ensuring that
- everyone involved in Pony club is educated and informed of their responsibilities to protect and look after children.
- Pony Club Australia, believe child safeguarding is everyone's business.

Does our club need to do this program?

The Child Safeguarding Club Program is a voluntary

- program however every club must ensure they are aware of and implement child safe practices at their club. The
- Child Safeguarding Club Program aims to help clubs systematically make changes or think about how we as an
- organisation can promote and provide a child-safe environment for children participating in Pony Club.

2. Data & Record Keeping

Our next focus in the program is Data and Record

- Keeping. Data helps us to define who is active in our clubs and help to ensure training, compliance and good communication can occur. Record keeping is about
 - ensuring incidents are recorded because our memories are not always reliable after a period of time.



CHILD SAFEGUARDING CLUB PROGRAM

2. Data & Record-Keeping

Data & record-keeping are important activities to understand who is involved with our organisation, what role they are playing, what training or education might make their job easier, what compliance activities might relate to them, improve communication of relevant information, historical knowledge, just to name a few reasons!

Recording your club committee is vital for good governance and historical knowledge. The members of a committee are the legal custodian of the club, knowing who held these positions over time is critical information for future committees. It is also handy when organising celebrations of milestones or creating histories!

Recording members both riding and non-riding, coaches and officials enables a club to formally define their membership and also know who might need to comply with legal obligations such as working with children checks, clearly establishes who is covered by the Associations Insurance scheme and helps to improve communication by all levels of Pony Club.

CHECKLIST

	YOUR CLUB COMMITTEE AS A N JUSTGO EACH YEAR
	ON A PERSON'S PROFILE THE TEE POSITION HELD ON JUSTGO
	ALL COACHES REGISTER WITH UB ON JUSTGO
	ALL VOLUNTEERS AND THEIR F APPLICABLE) ON JUSTGO
	A PARENT/GUARDIAN IS RECORDED GO FOR RIDERS UNDER 18YRS
	ALL SUPPORTING MEMBERS ARE ED ON JUSTGO
	NUTES OF MEETINGS (COMMITTEE, SGM) IN DOCUMENTS IN JUSTGO
	OUR CLUB CONSTITUTION IN ENTS IN JUSTGO
	RECORD OF INCIDENTS BY SUBMIT N THE PCA INCIDENT FORM

JustGo Help page



PCA Incident Form

PCA Complaints Form



